

Mental Health and Workplace Productivity

April 9, 2026

Alliant Insurance
575 E. Swedesford Road,
Suite 160, Wayne, PA

| Time | Agenda Item |
|-------------------|--|
| 8:30am – 9:00am | Continental Breakfast & Networking |
| 9:00am – 9:05am | Welcome, Introductions & Review of Agenda |
| 9:05am – 9:25am | Sera-Leigh Ghouralal, PhD, Integrated Benefits Institute |
| 9:25am – 9:45am | Employer Perspective: Fireside Chat with Beth Finkle |
| 9:45am – 10:25am | Dr. Kerry Symon, Spring Health |
| 10:25am – 10:45am | Refreshment Break & Networking |
| 10:45am – 11:25am | Chris McCarthy & Erica Vanni, Alliant Insurance |
| 11:25am – 12:05pm | Jennifer Limon, meQ |
| 12:05pm – 12:45pm | Eric Vondunn, Rula |
| 12:45pm – 1:00pm | Wrap-up / Take-aways |

