What is endometriosis?

Endometriosis is a chronic and painful disease that affects about 1 in 10 women of reproductive age. It occurs when tissue that acts a lot like the lining of your uterus—called endometrium—starts growing outside of your uterus, where it doesn’t belong.

These out-of-place growths, called lesions or implants, can cause severe pain and inflammation throughout the month.

Are you experiencing any of the following symptoms? (check all that apply)

- Painful periods
- Pelvic pain in between periods
- Pain with sex

These are the 3 most common symptoms of endometriosis. There are many others associated with endometriosis, but each woman’s experience will be different.

How would you describe your pain? (check all that apply)

- My pain has gotten worse over time
- My pain has affected school or work
- My pain has affected plans with family or friends
- Other: ________________________________

If you’ve checked off any of the above, discuss these and any other symptoms, impact to your day-to-day activities, and any concerns with your gynecologist.

Visit SPEAKENDO.com today
THE GO-TO RESOURCE FOR ENDOMETRIOSIS

Learn how to fully express your symptoms, advocate for your own care, and meet others who’ve been there.

Find all this and more:

**Inner Workings of Endometriosis**
Understanding endometriosis can be difficult. Watch the video to learn more about the disease and why it hurts.

**Tips and Stories**
Get tips from other women living with endometriosis. You can also help someone else by sharing your own story.

**Video Library**
Want to learn more about endometriosis? And hear directly from women about how it’s affected them? A selection of videos is available.

**Doctor Discussion Guide**
Learn how to SpeakENDO to your gynecologist with this interactive resource.

Visit SpeakENDO.com for more resources that can help you SpeakENDO to your gynecologist.