Mental health and wellness
A Kaiser Permanente overview

Shellie Kahane, MD, MPH  May 21, 2019
Current Landscape of Mental Health
Kaiser Permanente’s Continuum of Care

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Virtual Medical Centers transform care delivery: Convenient, patient-centered care

- Effective
- Collaborative
- Compassionate
- Accessible
- Personalized
Feedback-Informed Care: A Mental Health and Addiction Med Outcomes Management System

**Ask for an iPad to fill out your Treatment Progress Indicator**

Your Treatment Progress Indicator (TPI) helps your provider understand your progress and customize your treatment.

Try to arrive 15 minutes early so you can complete your TPI before your session. Even if you arrive on time or late, still remember to complete the TPI.

For more information, see the FAQ flyer.

**Treatment Response**

**BEHAVIORAL HEALTH IMPAIRMENT (PERCENTILE)**

How is this patient responding to treatment?

- EXPECTED
- ACTUAL

MORE SEVERE

LESS SEVERE

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80 36 90 Worsened

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WEEKS SINCE INITIAL ASSESSMENT
Strategic Areas of Focus for Mental Health and Addiction Medicine

- Innovation and Technology
- Collaborative, integrated, team based, doctor led care
- Proactive Focus on Outcomes and Research
- Multimodal
- Systemwide
Shaping the Future of Mental Health Care

“The entire health care industry needs to take a unified approach to mental health with the understanding that the mind and the body are irrefutably connected. At Kaiser Permanente, we have begun this journey to reconnect the mind to the body.”

Bernard J. Tyson
Kaiser Permanente Chairman and CEO